

Sports: Peak Performance Mindset



LEARN DEDICATED DIRECT FOCUS!

- To push beyond limits & barriers
- To not only believe, but 'to know'
- To powerfully visualise optimum results
- To overcome blocks or fears
- To remove bad habits/addictions
- To own consistency
- To own the edge
- To keep your mind sharp & in the game

This program is delivered in levels & to organise your free assessment call:

+61 (0)417 545 475

Or online through:

clinicalhypnotherapyinmelbourne.com.au

The ATHLETE'S SECRET WEAPON

I get it... you are here because you are looking for an answer to the inconsistency. You want to manage nerves, you know you have done all the training & you are not feeling it or you are starting to question, am I really good enough?

Partnering with **Elite Mindset Institute**, this program is the best there is!

Working with those on the verge of a breakthrough in sport or business; for those who commit to bringing their *BEST* & it's for the elite.

It is about pushing the limits in your mind. The ATHLETE'S SECRET WEAPON inspired over 38 world champions in sport, leaders in the arts & science, & highly successful entrepreneurs.

It is for those who want to really take control & push through the limits & barriers that may have limited or stopped them in the past.

This program will take you where you want to be!